

#### THE BEECH SPA MENU

#### **MASSAGE**

ME-TIME RELAX 50 mins €95.00

Unwind with a soothing full body massage followed by a refreshing Cryosphere facial. Designed to ease tension and rejuvenate tired skin. Leaving you deeply relaxed and renewed.

SWEEDISH MASSAGE 50 mins €95.00

A gentle, flowing massage designed to promote relaxation, improve circulation, and relieve tension.

AYURVERDIC MASSAGE 50 mins €110.00

Combines soothing massage techniques with herbal Thai compress balls which promotes overall well-being by promoting relaxation, stress reduction and improved circulation.

HOT STONE THERAPY 50 mins €110.00

Smooth, heated stones are used to melt away tension and promote deep relaxation.

### INDIAN HEAD AND BACK MASSAGE

50 mins €95.00

A deeply relaxing treatment focusing on the back, neck, shoulders and scalp. This ancient Indian-inspired ritual releases stress restores balance and promotes total calmness.

#### **REFLEXOLOGY WITH HEAD MASSAGE**

50 mins €95.00

A therapeutic massage focusing on the feet and ankles rooted in ancient Asian traditions. This treatment applies gentle pressure to key reflex points, helping to release tension, improve circulation and restore balance throughout the body.

## **BODY TREATMENTS**

#### **SOOTHING BACK TREATMENT**

50 mins €110.00

Re-energise your body with a detoxifying back treatment and micronized algae bath. Relax in the natural softness of the sea as toxins melt away and your skin feels renewed. Suitable for back pain.

#### **FULL ORGANIC BODY BRUSH**

50 mins €95.00

Experience a full-body brush and nourishing effleurage massage to gently exfoliate and hydrate your skin, restoring softness and a healthy glow.

SEAWEED BATH 30 mins €55.00

Unwind in a serene, heated seaweed bath, where nutrient-rich seaweed works to detoxify, soothe tired muscles, and nourish the skin.





#### **MOTHER TO BE THERAPY**

50 Mins €95.00

A gentle, nurturing massage for expectant mothers to ease tension in the lower back, shoulders and legs, while promoting relaxation and circulation. Supports physical and emotional well-being, ideal for relieving discomfort and encouraging restful sleep.

#### PAMPER ME PLEASE

# FULL BODY SCRUB, BACK MASSAGE, SEAWEED BATH & EXPRESS FACIAL 110 Mins €190.00

Indulge in the ultimate rejuvenating experience that leaves your skin silky smooth, and your body deeply relaxed. This treatment begins with a luxurious full-body exfoliation using a natural scrub to gently buff away dead skin cells, stimulates circulation, and reveal a radiant glow. After a refreshing rinse you can relax in a micronized algae bath followed by a soothing back massage that melts away tension, followed with an express facial to leave your skin looking radiant. The combination of exfoliation, algae and massage not only revitalizes your skin but also promotes deep relaxation and overall wellbeing. Perfect for tired, dull skin in need of renewal and relaxation.

#### HANDS AND FEET TREATMENTS

LUXURY MANICURE €65.00

Give your hands the care they deserve with our expert manicure. To removing dry cuticles, smooth chipped nails and hydrates your skin, leaving g your hands soft, rejuvenated and perfectly smooth.

Add polish: €10.00

LUXURY PEDICURE €65.00

Revive and Rejuvenate your tired feet.

Experience our unique American style `pedicure chair. Treatment includes exfoliating foot mask.

Add polish: €10.00

# SIGNATURE FACIAL TREATMENTS

Softness Facial: 50 mins €95.00

Skin Type: Sensitive, reactive, redness-prone

Description: A cocooning facial designed to calm, comfort, and protect delicate skin. Using Payot's professional products enriched with soothing botanicals and dermatological actives, this treatment reduces redness, restores balance, and strengthens the skin's natural defences.

Perfect for clients who experience tightness, redness, or reactivity and want a gentle yet effective facial that restores harmony to their skin.





Radiance Facial: 50 Mins €95.00

**Skin Type:** Dull, tired, stressed, or uneven skin tone

**Description:** A revitalising facial that awakens the skin's natural glow. Harnessing the power of Payot's radiance-boosting formulas enriched with superfruit extracts, vitamin C, and illuminating actives, this treatment restores vitality, smooths texture, and leaves the complexion luminous.

Perfect for clients seeking an instant glow before a special occasion, or anyone whose skin looks tired and needs a luminous boost.

Supreme Facial: 50 Mins €95.00

**Skin Type:** Mature, tired, or lacking firmness and radiance

**Description:** An exceptional anti-aging ritual that combines Payot's advanced Suprême skincare with expert massage techniques to visibly smooth, plump, and rejuvenate the skin. This luxurious treatment targets all signs of aging - wrinkles, loss of density, slackening, and dullness - while enveloping the senses in a cocoon of comfort.

Perfect for clients seeking a luxurious, results-driven anti-aging facial that delivers both visible transformation and indulgent relaxation.

Generosity: 50 mins €95.00

**Skin Type:** Dry, depleted, or mature skin in need of nourishment and comfort

**Description:** An indulgent, cocooning facial that envelops the skin in rich, nourishing textures to restore suppleness, comfort, and vitality. Using Payot's most generous formulas, this treatment replenishes essential nutrients, deeply hydrates, and strengthens the skin barrier, leaving the complexion soft, radiant, and resilient.

Perfect for clients seeking a deeply comforting, luxurious facial that restores balance and glow to skin in need of extra care.

